



To benefit the Essex County Trail Association –
help us to preserve and maintain the beautiful trails in our communities!

7th Annual 5 Mile or 10 Mile “Run for the Trails”

Saturday, September 17, 2011, 9:00 am
Devon Glen Farm
482 Bay Road, Hamilton, MA

Please come and enjoy some of the beautiful, privately owned trails on the North Shore.

Entry Fees (Must be post marked by September 5)
5 Miles - \$20.00 or \$25.00 post-entry
10 Miles - \$25.00 or \$30.00 post-entry

Youth (under 20)

Open (20-39)

Masters (40+)

Name _____ Age _____ 5 Mile _____ **10 Mile*** _____

**The 10 mile distance is part of the North Shore Trail Series*

Address _____ City and State _____ Phone _____ Email _____

T-Shirt Size: S ___ M ___ L ___ XL ___ (Register before September 5 Guarantee a Shirt)

Pre-entry race packets (pre-registered runners only) will be available on Thursday and Friday September 15th and 16th at New England Running Company, 43 Enon Street, Beverly, from 10am-7pm. Those picking up packets early can register to win a Free Pair of Solomon trail shoes. Winners will be announced at the start of the race.

Please send entry fees and completed applications to: Essex County Trails Association, 199 Argilla Road, Ipswich, MA 01938 - Phone: 978-500-4945. Please make checks payable to the ECTA.

In consideration of this entry being accepted, I do hereby waive and release the race organizers, sponsoring organizations and companies and their agents, land owners, representatives and successors and the town and the state where the event is being held from all claim of action which I may at any time acquire as a result of my participation in this event. I understand this is a potentially dangerous activity and have trained sufficiently and understand the inherent risks involved.

Signature _____ Date _____

Parent Signature for Participants Under 18 _____

EBSCOInstitution for Savings**Foster Dykema Cabot & Co**Manchester Athletic Club
First National Bank of Ipswich**New England Running**Coastal Greengrocer**